

Tommy Douglas Secondary School

GRADUATING CLASS OF 2023

TDSS' Guidance Team

Questions?
Book an
appointment
on Teach
Assist. We are
here to help!











Diamando
McLarnon

Head of Guidance

A-Ga

x 308

Niki Rowe

Guidance Counsellor

Pi-Z

x 309

Leo Scire

Guidance Counsellor &

Dual Credit Lead

Lo-Ph

x 311

Amir

Al-Hassani

Guidance
Counsellor &
Business

K-Li

x 310

Yasmin

Kassam

Guidance Counsellor

Ge-J

x 310

Helpful Website bit.ly/tdssguidance

Your child must login into their gapps account to access. Type address in URL.

TDSS Guidance

Home

Calendar

Graduation Requirements

Volunteer

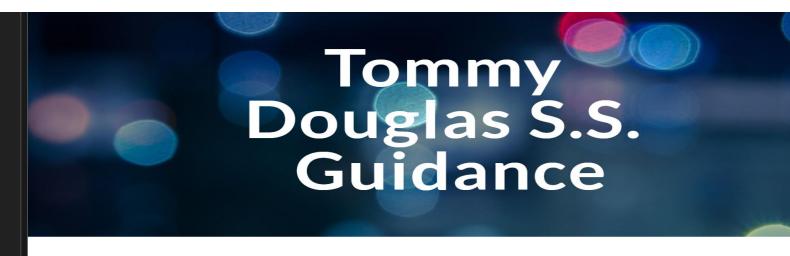
Academic Supports

Mathematics

ESL

Special Education

E-Learning, Night School, Summer School



Please click on the drop down tab menu on the top left hand corner of this page to learn more about TDSS' programming and guida services and supports.

Meet TDSS' Guidance Team

18

COMPULSORY

CREDITS

12
OPTIONAL
CREDITS

OSSLT
(ONTARIO
SECONDARY
SCHOOL LITERACY
TEST)

40 COMMUNITY SERVICE HOURS

18 COMPULSORY CREDITS



4 English Credits (including Grade 12 U/C/E English)



1 French Credit



1 Physical Education Credit



1 Canadian Geography Credit



3 Mathematics Credits (at least 1 in Gr. 11 or 12)



1 Arts Credit



1 Canadian History Credit



0.5 Civics Credit0.5 Careers Credit



2 Science Credits



Group 1

1 additional credit in English, or French as a Second Language, or a Native Language, or a Classical or an International Language, or Social Sciences and the Humanities, or **Canadian and World** Studies, or **Guidance and Career Education (including** Learning Strategies), or Cooperative Education*

Group 2

1 additional credit in Health and Physical Education, or Business Studies, or the Arts (music, art, drama, dance), or French as a Second Language or Cooperative Education*

Group 3

1 additional credit in science (grade 11 or 12) or technological education (grades 9-12), or French as a **Second Language** or **Computer Studies** or Cooperative Education*

ONE FROM EACH CATEGORY

Blueprint Blueprint

Do not look at MyBlue Print at this time in that it is not accurate. We will let you know when it is up and running again.

Community Involvement

FORM: bit.ly/tdssguidance

- Activities must be <u>pre-approved</u> → Email alpha Guidance Counsellor for pre-approval. Check the Community Service Board outside of Guidance for ideas
- ☐ Eligible Activities/Ineligible Activities read back of the form must be non-profit or charitable organization
 - Be careful of some camps, martial arts, private sports facilities, dance studios don't count

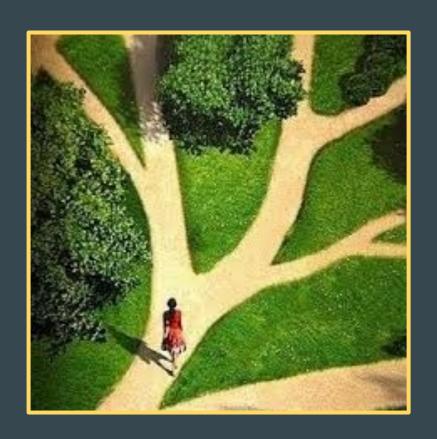


2022-2023 Community Service Hours Policy

For the 2022-2023 school year students can earn volunteer hours during the school day and through duties normally performed in the home. This can include helping an elderly relative with an errand or a sibling with homework. If you choose to do this type of volunteering you must submit 7-10 sentence paragraph describing how your volunteering has been beneficial to others. The paragraph can be submitted along with your volunteer form to tdss.guidance@yrdsb.ca or a hard copy can be brought to the guidance office. You can earn a maximum of 20 hours doing this type of volunteer work.

Additionally, students 14 years of age or older can count a **maximum of 10 hours of paid employment towards their volunteer hours**. If you choose to submit work hours you must also submit a 7-10 sentence paragraph describing how working has been beneficial to others. You must also submit a paystub which shows the number of hours you have worked. The paragraph can be submitted along with your volunteer form and paystub to **tdss.guidance@yrdsb.ca** or a hard copy can be brought to the guidance office.

Lastly, we strongly encourage you to consider traditional volunteer opportunities in that it is such an important way to give back to our community.







The average student across North America will change their program three times and will additionally change their career several times during their lifetime.



Programs

Western University

	DEGREE TYPE	MODULE COMBINATIONS
1	Honors Bachelor Degree 4 Years / 20.0 courses	 Honors Specialization Honors Specialization—Major Honors Specialization—Minor Major—Major
2	Bachelor Degree 4 Years / 20.0 courses	 Specialization Specialization-Major Specialization-Minor Major-Major Major Major-Minor Major-Minor Major-Minor
3	Bachelor Degree 3 Years / 15.0 courses	Major Major–Minor Minor–Minor

Minor: 4.0-5.0 courses

Major: 6.0-7.0 courses

Specialization: 9.0 or more courses

Honors Specialization: 9.0 or more courses

If you were planning to complete a 4-year Honors Bachelor Degree, you could do an Honors Specialization in Biology combined with a minor in a different Science or even a non-Science (Philosophy, for example). A very popular choice is an Honors Bachelor degree based on the double major – two different Major modules, either both in Science or one in Science plus a non-Science.

Step 1: Help your child figure out <u>their</u> interests



Step 2: Help your child research

ontario colleges.ca





→ Click on this image to learn about University programs



→ Click on this image to learn how to transfer programs between College and University.

Make a list

Example, Daunte Rowe's Program Requirements:

- Kinesiology or Bachelor of Education Physical Education
- Football team

Ottawa

Human Kinetics (BHK)

- Low 80s
- ENG4U
- One 4U math
- 2 SBI4U, SCH4U.

SPH4U



McMaster

Kinesiology I (BKin)

- · 87-90%
- ENG4U
- MCV4U
- SBI4U



York

Concurrent Education:

Health

- High 70s to mid-80s
- > get into Kinesiology program (BA/BSc)
- High 70s to mid-80s
- ENG4U
- Any 4U Math
- 1 of SBI4U or SCH4U or SPH4U

%

Wilfrid Laurier

Kinesiology (BKin)

- Mid 80s
- ENG4U
- SBI4U (70%)
- 60% in math

Waterloo

Kinesiology (BSc)

- Low 80s
- ENG4U
- MHF4U
- SCH4U
- SBI4U

no to chemistry

UofT

Kinesiology and Physical Education (BKin)

- Mid to high 80s
- ENG4U
- 1 of SBI4U or SCH4U

or SPH4U

(recommend PSK4U)

Western

Kinesiology (BA or BSc)

- · Mid-80s
- ENG4U
- SBI4U
- Recommend 4U math/physics

McGill

Concurrent Education

- Mid 80s
- ENG4U

Great football team!

Windsor

Human Kinetics (BHK)

- 78%
- ENG4U
- SBI4U (70%)

Brock

Concurrent Education



No because they do not have a football team



The Reality: 92% Average & Excellent Supplemental

Elias University Program Choices

University	Program	Cut off Average	Courses	Co-op Y/N	Co-op Placement Options	Supplemental Application Information	Supplemental Application Deadline & Other Deadlines
ALTERNATE	Mechanical Engineering -2nd choice Material 3rd choice civil	Mid 80s	ENG4U1 MCV4U1 MHF4U1 SCH4U1 SPH4U1 Plus one additional U course	Yes	Year long coop placement and can do internships every summer. Placements like Mercedes, BMW etc.	Supplemental Application Required	December 15th for early admission. Rounds of offers send February, March and May.
Waterloo ALTERNATE	Management Engineering	Mid to High 80s	ENG4U1 MCV4U1 MHF4U1 SCH4U1 SPH4U1 Plus one additional U course	Yes	Largely software based even for mechanical and management engineering	Admissions Information Form Required Online video interview strongly recommended	February 18th supplemental application deadline. First round of offers end of March beginning of April. Second round in May.
ALTERNATE	Engineering Coop 1	Minimum high 80s	ENG4U1 MCV4U1 SCH4U1 SPH4U1	Yes		Mandatory supplementary application. Interview Questions.	Pick date to complete online interview.
Queen's University	Engineering & Applied Science	87% plus	ENG4U1 (minimum 70%0 MCV4U1 MHF4U1 SCH4U1 SPH4U1 Plus one additional U course	Yes	Year long coop placement	No supplemental application this year.	N/A
Ottawa University	Mechanical Engineering and Computer Technology Double Degree	Low 80s	ENG4U1 MCV4U1 MHF4U1 SCH4U1 SPH4U1 Plus one additional U course	Yes	Coop opportunities like Tesla in California	Supplemental Application required	Admitted early without completing supplemental application.

Post Secondary Program Choices Organizer

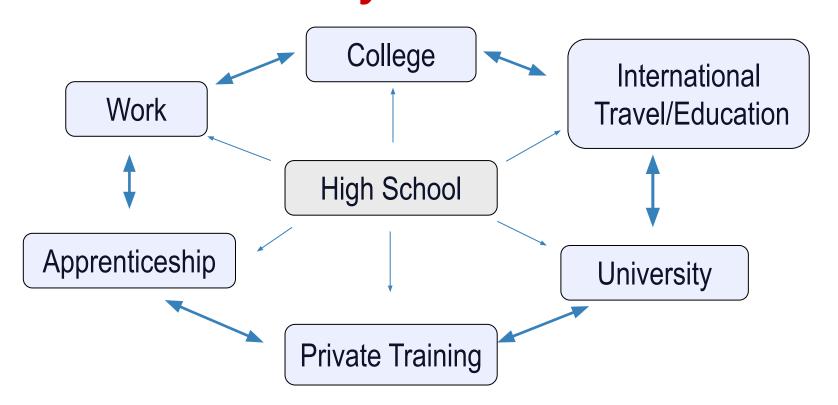
University/ College	Program	Cut off Average	Courses	Co-op Y/N	Co-op Placement Options	Senior Years Areas of Specialization/ Unique Features	Supplemental Application Link	Supplemental Application Deadline & Other Deadlines
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				-	_			

Your child needs to not only get into a program but also stay in. If they get into a program but don't perform well there is something called...



Remember the magic formula is aptitude + interest + hard work = success

There are many pathways to a post secondary destination.



reputation

Should not be the only consideration.



Another Consideration: Costs Vary

		Elias University Costs						
School	Tuition & Books	Residence & Meal Plan	Sub Total	Incidental Costs (\$100/WK)	Total	Entrance Scholarship	Other Scholarship \$	
Toronto	\$17,996.60	\$21,567.22	\$39,563.82	\$3,200.00	\$42,763.83			
Waterloo	\$18,100.00	\$19,391.00	\$37,491.00	\$3,200.00	\$40,691.00			
Queens's	\$15,161	\$17,512.00	\$32,673.00	\$3,200.00	\$35,873.00	\$1,500		
McMaster	\$14,646.00	\$13,930.00	\$28,576.00	\$3,200.00	\$31,776.00			
Ottawa	\$12,818.20	\$20,235.00	\$33,053.20	\$3,200.00	\$36,253.20	\$5,000.00		

These costs are for engineering programs. Engineering program costs tend to be significantly higher than other programs.

Campus Visits are an important part of the decision process!



Take the Time to Visit!

College Preview Dates (some examples)



- Choose your own adventure - Virtual Open House
- Open now



Virtual Open House



- Saturday, November 26th
- Check to see if registration is open



Virtual Open House



Saturday, November 12th (10 AM to 2 PM) Sheridan

- Virtual and in person tours
- If you click on each College icon, it will take you to their Open House website

University Preview Dates



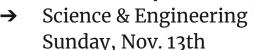
→ Sunday, November 6th (11 AM to 4 PM)



- → Virtual Tours
- → Register for in person tours



→ Date: Sunday Nov. 7th





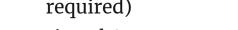
→ Saturday, Oct.29th (10 AM to 3

PM)

GUELPH-HUMBER

GH Talks Webinar
Series

→ Weekly (registration required)





→ Dates vary (registration required)



Saturday, Oct. 22nd



Saturday, Oct. 22nd

If you click on each University icon, it will take you to their Fall Preview website











- → Open now
- → St. George Campus
 - ♦ Sat. Oct. 22nd
- → Mississauga Campus
 - Sat. Oct. 29th
- → Scarborough Campus
 - ◆ Sat. Nov. 12
- → Sun. Nov. 20th



- → Saturday, Nov. 5th
- \rightarrow 10 AM to 4 PM



- → Peterborough Campus
 - ♦ Fri. Nov. 4th
- → Oshawa Campus
 - ♦ Sat. Nov. 12th



- → Keele Campus
 - ♦ Sat. Nov. 19th
- → Glendon Campus
 - ♦ Sat. Nov. 5th



- → Open House
 - ♦ Sat. Nov. 5th

- → Waterloo Campus
 - ♦ Sat. Nov. 5th
- → Brantford Campus
 - Sat. Nov. 12th

If you click on each University icon, it will take you to their Fall Preview website



→ Virtual & In-Person
Tours



→ Virtual Tours



♦ Sat. Oct. 22nd



→ Virtual Tours

Open now

 \rightarrow



♦ Sat. Nov 5th



→ Virtual & In-Person Tours



- → Webinar series
- → Understanding Admission
- → Date: TBD

♦ If you click on each University icon, it will take you to their Fall Preview website

Outside of Ontario



McGill → Virtual information sessions + Open House Oct. 23rd



Virtual information sessions



Virtual information sessions



Virtual Open House: Saturday, October 15th 9 AM - 4 PM

If you click on each University icon, it will take you to their Fall Preview website

OVERVIEW





- Ensure your child is not missing any graduation requirements
- ☐ Have them do their research
- Attend Fairs and Visit School Campuses
- Pay your grad fees. Grad will be an an external venue. Higher cost.
- □ October 17 OUAC Pins were sent to your child's gapps account
- Students are able to apply to both college and university if they wish. Note that there are two separate applications and associated fees.

Your child can begin the application process.

Applying to University



- **□** Do research <u>www.ontariouniversitiesinfo.ca</u>
- Ready to apply go to www.ouac.ca
- ☐ Use the login information shared with you to start your application
- □ \$150 for 3 choices. \$50 for each subsequent choice. May be additional fees for supplemental applications, tests etc.
- No more than 3 choices at one university
- ☐ Must have 6 grade 12 U/M courses, open, college, dual credit or coop courses don't count
- **■** ENG4U1 is mandatory
- Some programs have other requirements i.e. supplemental applications, auditions, portfolios etc.
- **□** Apply before January 12th, 2023
- Early acceptance deadlines can vary by university and program do your research! Not every program has early acceptance!
- You can change your choices after this date.

KNOW THE

Required vs
Recommended
Prerequisite Courses

If your child does not receive an Ontario university offer of admission.

In June OUAC posts what university programs still have openings. We will post information regarding this on our guidance google classroom closer to the time.



Applying to College



- **□** <u>www.ontariocolleges.ca</u>
- ☐ Click on the Apply Now button and follow the prompts
- You create your own login and password
- **□** Apply before February 1st, 2023 Equal Consideration Date
- **□** \$110 for 5 choices. May be additional fees for supplemental applications, tests etc.
- No more than 3 choices at one college
- Degree programs require 6 U/M courses
- Colleges have rolling admissions. They accept students until their programs are full.

How to Tackle Your SUPPLEMENTAL APPLICATIONS

Programs that may require a supplemental application...

- Engineering
- Computer Science
- Business
- Health Science
- Visual Art Programs
- Drama
- Education
- ☐ International Applications etc...



SUPPLEMENTAL/SCHOLARSHIP ACTIVITY LIST

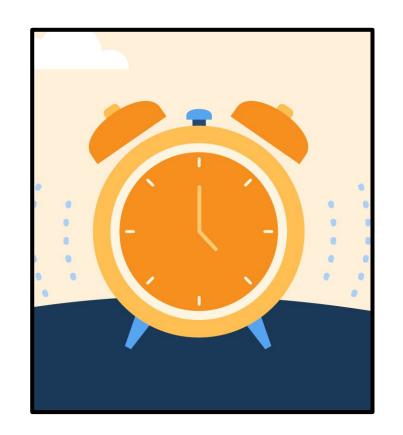
Supplemental and scholarship applications can be time consuming. This document is an organisational tool that can help you organize your extracurricular activities from grades 9-12. Activities can be both in and outside of school and can include: sports, clubs, music and even paid employment. Please make a copy of this document prior to using.

Name of activity or group	The position you held <i>l</i> role + responsibilities	Dates (month + year)	Number of hours/week	Number of Months / year	Name + contact information including email of a person who can verify your involvement
Clubs					
Sports In School					
Sports Out of School					
Awards					
Extracurricular Activities Outside of School					
Volunteer Opportunities			,		

Some programs may also require:

- Portfolio
- Audition
- Interview

Have your child do their research now so that they know what to expect.



Deadlines are not negotiable. DO NOT miss them!!!



Post secondary institutions provide accommodations to students with IEPs. It is your child's responsibility to share their IEP with the school they ultimately decide to attend. This will typically happen closer to the end of the school year. Have your child connect with their SERT to find out more.





Please remind your child to use an appropriate email when applying to post secondary institutions. Not your their gapps account. Their gapps account will be disabled once you graduate.

Out of Province Applications

The OUAC assists the following out-of-province universities with collecting academic data for Ontario high school students who have applied through the OUAC:

- Acadia University
- Bishop's University
- The University of British Columbia
- University of Calgary
- Concordia University
- Dalhousie University
- McGill University
- Saint Mary's University
- Simon Fraser University
- The University of Victoria



Apply to OUAC first.

Students who apply to these out-of-province universities can authorize the universities to request their academic information from the OUAC. To authorize them, the applicant must include their 11-digit OUAC Reference Number on the university's application form.

International Applications (USA)

Have your child prepare for the SAT. SAT is a multiple choice test that measures a high school student's readiness for college. The SAT is comprised of math and reading and writing sections. The test is 3 hours. Highest score you can get is 1600. You can find free practice SAT tests online. ACT is another well recognized test that you can take. Most students write the SAT or ACT more than once.



TEST DATES & CENTRES

VERY IMPORTANT

- Know your deadlines
- Your child is responsible for the application process including requesting transcripts of their grades
- Please give Mrs. Buscema ample notice to get your transcript ready for you (1 week)
- Guidance must complete a very detailed ranking report on your child's behalf.
 Please give us a minimum of 2 weeks to ensure that we can put this lengthy document together. Remember we have other students who are also applying to the US and international schools.



International Applications (Outside North America)

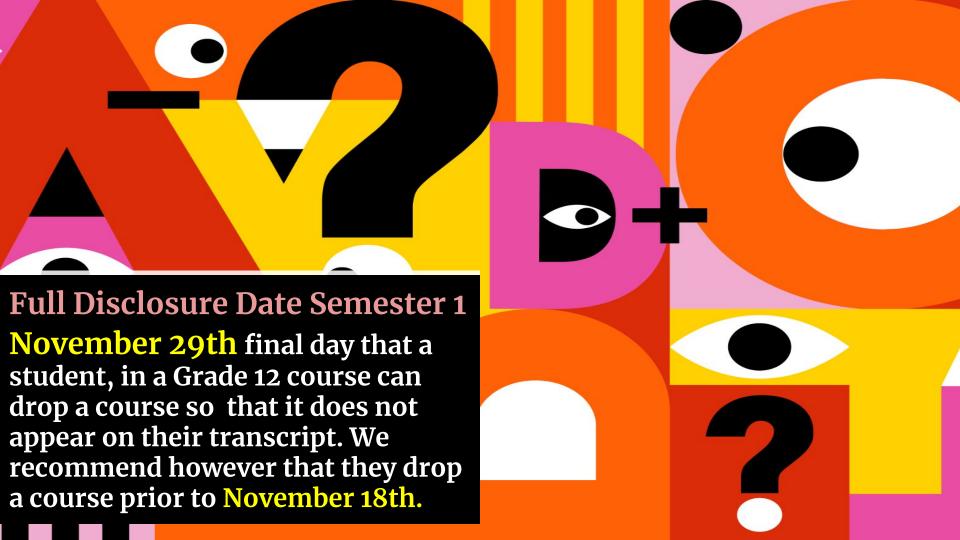
From time to time we have students apply to medical and law school abroad in places like Great Britain. If you are applying internationally:

- Know your deadlines
- Your child is responsible for the application process including requesting transcripts of their grades
- Please give Mrs. Buscema ample notice to get your transcript ready for you (1 week)Guidance is sometimes is asked to fill in
- Guidance is sometimes is asked to fill in documentation on your child's behalf including projected grades. We need at minimum 2 weeks notice to ensure that we can accommodate your child's request
- International programs often require a supplemental application and an interview.



Sometimes there are are minimum age limits to programs. If your child is not the appropriate age they will not consider them.

Please note that for USA and International Application your child's entire transcript is sent not just your grade 11 and 12 grades. Out of province universities that are not accessing your grades through OUAC will also request your child's full transcript.



Mark Transmission Cycles

What is being transmitted	OUAC	OCAS
Demographics, grade 11 and any grade 12 grades taken	November 4th, 2022	October 8, 2022
Student Information and midterm marks	November 18th, 2022	November 18th , 2022
First semester marks	February 16, 2023	February 16, 2023
Second semester midterm marks	April 27th, 2023	April 28th, 2023
Second semester final marks	July 6th, 2023	July 7th, 2023
Summer school and e-learning final marks	August 1-31, 2023	August 11th, 2023



Very Important Message for the Parents of

Graduating Students

When your child applies to post-secondary programs please ensure that they closely check their marks and graduation requirements recorded either on the OCAS or OUAC sites. It is imperative that your child check to see if this information is accurate. If it is not, please ask your child to book an appointment immediately to speak to a guidance counsellor, so that we can rectify this. We also ask that your child check the mark section of their application after each mark transmission to ensure that the marks uploaded are accurate. It is their responsibility to inform us of any discrepancies.

Grade 11 Grades consistency.

- Considered for early offers of admission.
- University of Toronto is placing more importance on grade 11 grades and are looking for consistency i.e. particularly in prerequisites for programs such as engineering and computer science.
- •In most cases universities wait until grade 12 semester 1 final and semester 2 midterm marks are received.

The general rule is that your grade 11 grades will get you in, but not keep you out.



Offers of admissions are always conditional on meeting cut off average(s) for prerequisites and the overall program average.



Apprenticeship

Apprenticeship

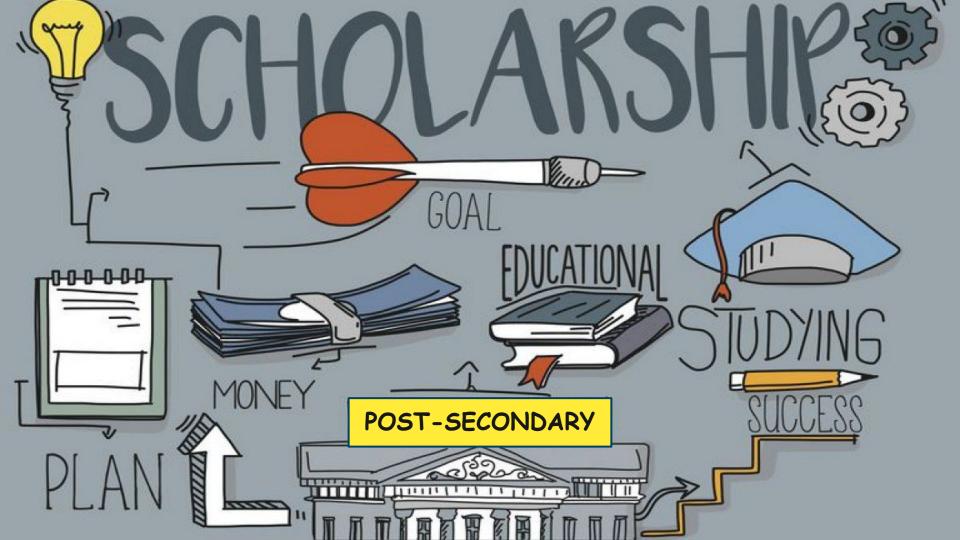
- There will be a critical labour shortage in the skilled trades over the next few years
- Apprenticeship programs allow students to earn pay while they learn
- An apprenticeship program allows access to well-paid highly skilled careers
- OYAP available in school through Co-op
- www.apprenticesearch.ca

Emily Carr S.S Pathways to **Opportunities Evening:** November 17th @ Emily Carr S.S. from 6:00-8:00





Grad photos, prom, graduation we will share more information regarding these during January- February timeframe. Please have you child stay connected to the grad classroom for updates.



Scholarships are merit based

Grants and bursaries often take financial need into consideration.



3 TYPES

Entrance Scholarships

Private Business Scholarships

Post-Secondary Institution Scholarships

SCHOLARSHIPS/GRANTS AUTOMATIC YOU APPLY ON YOUR OWN

YOU APPLY ON YOUR OWN

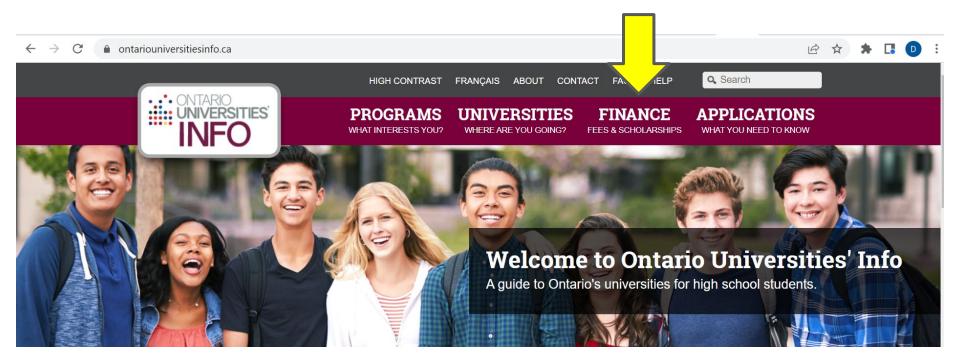


General Admissions Scholarships

General Admission Scholarships

- You must be registered for full-time studies.
- The final admission average calculation includes prerequisite courses for the student's selected program.
- Admission averages are NOT rounded to the nearest whole percentage for admission scholarship consideration.
- Depend on your overall admission average.
 (e.g. Lakehead University offers \$10,000 over 4 years to students with an average between 90 94.9%).

Click on the Finance tab below...



TWO NOTABLE SCHOLARSHIPS YOU CAN APPLY TO YOURSELF

- U of T NATIONAL SCHOLARSHIP
- TD SCHOLARSHIP FOR COMMUNITY LEADERS



UofT NATIONAL SCHOLARSHIP

DUE: OCTOBER 22nd

- **Students who identify themselves as meeting the criteria listed below
- are invited to apply directly for the National Scholarship
 Covers tuition, incidental and residence fees for four years, provides full residence support in first year *Must attend U of T
- **Criteria**: Superior academic performance, original and creative thought, enthusiasm for intellectual exploration and a strong involvement in the school and community life.
- Finalists not designated as National Scholars receive Arbor Scholarships at a value of \$7,500 in the first year and \$1,500 per year for three additional years of undergraduate study.
- Approximately fifteen students will be selected as National Scholars (winners) and ten as Arbor Scholars (runners-up)

TD Scholarship for Community Leaders Due: November 15th

- 20 scholarships awarded across Canada
- Valued <u>up to \$70,000</u> (includes up to \$10,000 for tuition per year and \$7,500 for living expenses per year
- Also offers paid summer employment and mentorship and networking opportunities
- Must have made significant leadership contributions to your community
- Considers personal circumstances and special challenges
- Min. overall average of 75% in most recent year of high school
- For more information go to:

https://www.tdcanadatrust.com/products-services/banking/student-life/scholars hip-for-community-leadership/index.jsp

PRIVATE SCHOLARSHIPS

For more information, consult all of the following:

SCHOLARSHIPSCANADA



www.scholarshipscanada.com

https://scholartree.ca/

yconic.

StudentAwards

www.yconic.com

https://studentawards.com/



https://www.disabilityawards.ca/



- Help them plan ahead; check scholarship timelines
 - set up a shared calendar or fridge calendar
- Remind them to update their Supplemental/Scholarship Activity List to help organize their extracurricular activities
- ☐ If a letter of recommendation letter is needed remind them to ask at least 2 weeks in advance and share their resume/activity list with the person
- If needed, help them research and learn about the scholarship

COMMON ESSAY THEMES

Challenge

• Faced a challenge/what was it/what did you learn from it?

Leadership

ODiscuss a time when you were in a leadership role

Volunteer/community involvement

ODiscuss most important volunteer experience, what was its impact?

Future plans

ODiscuss the program, career, etc.



KEYS TO A SUCCESSFUL **APPLICATION**

What the scholarship reader is looking for:

Students who have put some thought into who they are.

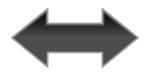
What experiences have shaped me to be who I am today? And who I want to be in the future? PAST:

What's important to me? PRESENT:

Who do I want to be? **FUTURE:**

How can I make a difference?

SELF REFLECTION



SELF KNOWLEDGE





OSAP ONTARIO STUDENT ASSISTANCE PROGRAM

What is OSAP?

The Ontario Student Assistance Program is a financial aid program that can make it easier for students to go to college or university. Both the provincial and federal governments provide this money.

The program offers funding for school through two kinds of money:

Grants: Money that you keep

Loan: Money that you pay back

- Check Box on OUAC & apply to OSAP <u>after accepting an offer</u> to college or university.
- \square You will need to provide your income tax information to complete the application.

www.osap.gov.on.ca

Province Budgeting, OSAP & Financing Postsecondary



Tues. April 26 @10:50 AM

Wed. April 27 @6:00 PM

Aword of advice.

 $DISAPPOINTMENT = \frac{EXPECTATION}{REALITY}$

Your children work hard and want you to be proud of them. Sometimes your child may not achieve the marks they envisioned. Know that your child may be equally if not more disappointed than you are.

During this time your child will need a lot of encouragement and positive support. Grade 12 is an extremely emotionally charged year. They will need your emotional support more than you know.



/E'RE = B $\mathsf{F}(\mathsf{R})$

